



SECTION ONE

EXPLORE YOUR CAREER INTERESTS

OBJECTIVES

To help students

- Become familiar with the *Exploring Careers* reference book.
- Explore their unique dreams, interests, and values.
- Make and strengthen the connection between their interests and careers.
- Identify career interest areas and specific careers that appeal to them the most.

OVERVIEW

This unit allows students to work on career exploration by distinguishing the considerations that make a particular career individually appealing. Students relate their interests and favorite activities to potential careers, think about what they hope to achieve in the future, review the personal values often associated with careers, and familiarize themselves with the information and format of *Exploring Careers*.

PRESENTATION SUGGESTIONS

Ask your students who uses clues, and in what situations. Answers may include detectives when solving crimes and doctors when diagnosing illnesses. Explain that in this course, the students will learn to discover clues about themselves that will help them plan their futures and find a career direction. You may wish to ask the class for examples of personal clues that could lead a person to the right career.

Also explain that this class will help them learn how to match who they are to what they will some day do. Mention that their career interests will develop and change over time, but the processes they learn in the class will help them to make good career choices. You may wish to explain to students how you came to choose the teaching profession to illustrate one way a person makes a career decision. Add that career choices affect future happiness and success, so what students learn in this course is important groundwork for tomorrow.

Pass out *Exploring Careers Activities* to each student. Explain that students will be using this booklet in conjunction with a reference book called *Exploring Careers*. If you do not have a copy of *Exploring Careers* for each student, discuss how students will use the Exploring Careers Study Center (see the Introduction) you have set up in class. You may wish to review the Table of Contents on the inside front cover of the *Exploring Careers Activities* as a class overview.

If you wish to use *The World of Work and You* assessment in conjunction with the *Exploring Careers Activities*, pass out copies of *The World of Work and You*. You may wish to familiarize yourself with *The World of Work and You* by reviewing Part I of this instructor's guide.

Show the program, *Exploring Your Career Options*, in class. This program is available in both video and DVD format from JIST Publishing at 1-800-648-JIST or www.jist.com. The video gives an overview of how students can connect their interests to careers.



THE WORLD OF WORK AND YOU

If you are integrating *The World of Work and You* into your *Exploring Careers* program and not using it as an upfront assessment, have students read page 2 of *The World of Work and You* as an introduction to the topic of career goals. Then ask them to complete the “Your Key Motivators Worksheet” on pages 3 and 4. Next, proceed to the *Exploring Careers Activities* 1 through 4.

After students have completed the *Exploring Careers Activities* 1 through 4, return to *The World of Work and You*. Have students work through the worksheets on pages 5 through 11 in *The World of Work and You* in class or as homework. This material will help clarify and reinforce what students have done in the *Exploring Careers Activities*.

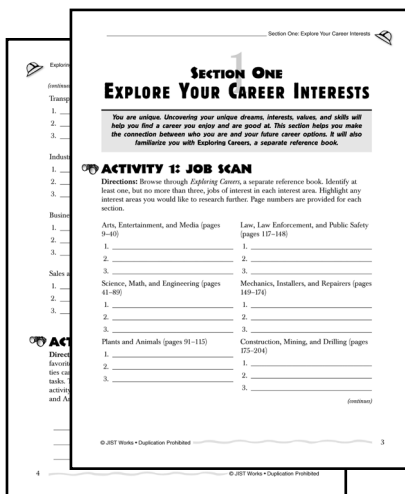
Return to *Exploring Careers Activities* 5 and 6. Explain these activities and have students complete them.

Then have students read page 13 in *The World of Work and You* and do the “Your Work Values Worksheet.” Also have students do Activity 7 in *Exploring Careers Activities* as reinforcement.

Finish the unit with Activity 8 in *Exploring Careers Activities*.

Note that you will have skipped over “What Are You Good At” on page 11 in *The World of Work and You*. Students will pick up *The World of Work and You* again with page 11 when you cover Section Three.

EXPLORING CAREERS ACTIVITIES



Exploring Careers Activities:
Pages 3-4

ACTIVITY 1: JOB SCAN

Use: Transparency Masters 1 through 6

Purpose: The purpose of this activity is to familiarize students with the 14 career interest areas used in the *Exploring Careers* reference book and to have them choose jobs of interest from each interest area based on gut reaction. Students who have no idea of what career area interests them most will gain broad exposure to all interest areas with this activity. Students interested in one career area are encouraged to think about other possibilities.

Procedures: Explain that *Exploring Careers* is organized into these 14 interest areas. Use Transparency Masters 1 through 5 in this instructor’s guide to review the 14 interest areas. For quick reference, note that the inside back cover of the *Exploring Careers Activities* booklet lists the 14 interest areas. You may wish to ask students to name careers that they think fit into each interest area.

As an overview of *Exploring Careers*, explain the organization of each interest-area section using Transparency Master 6 in this instructor’s guide.

Then read or summarize the directions for Activity 1. Assign Activity 1 for individual or small-group completion, depending on the number of copies of *Exploring Careers* that you have available. Give the students or groups time to complete the activity. Because this is the first time that students will have the *Exploring Careers* reference book in hand, allow extra time for them to get familiar with it. Or, you may wish to have students complete Activity 1 using the Exploring Careers Study Center.

When students have completed Activity 1, discuss their answers in class.