

The Road to Respect

“Respect others and they will respect you.”

Definition of RESPECT:

To hold ourselves, others, and our environment in high regard.

Driving Force

“Every human being, of whatever origin, of whatever station, deserves respect. We must each respect others even as we respect ourselves.”

—U. Thant

“They cannot take away our self-respect if we do not give it to them.”

—Mahatma Gandhi

“Self-respect is the cornerstone of all virtue.”

—Sir John Herschel

Travel Tips

- ✈ Treat others in a way that does not hurt them; choose words that you would like to hear people say to you.
- ✈ Try to understand why people are different instead of condemning their differences.
- ✈ Think of how your action may affect other people before you act.
- ✈ Develop an understanding of the long-term impact of self-respect.

Mapping the Chapter:

RESPECT

Think about what RESPECT means to you, and then plan what you will do to show RESPECT while you study this chapter.

Goals

Answer these questions at the beginning of the chapter:

1. What can I do to show respect for my teachers?

2. What can I do to show respect for my parents?

3. What can I do to show respect for animals?

4. What can I do to show respect for the environment?

Pitstop

A recent national survey noted that 78% of all Americans said that “lack of good manners and rudeness” was a major concern. So, take a few minutes to think and write about this issue. Use these prompts to get started:

Manners matter because...

Language matters because...

Destination

Answer these questions when you finish the chapter:

1. What did I do to show respect for my teachers?

2. What did I do to show respect for my parents?

3. What did I do to show respect for animals?

4. What did I do to show respect for the environment?



Respect Travel Itinerary

Read the following statements. Circle Y for yes if you agree with the statement, or circle N for no if you don't agree. Think about how each statement reflects respect for yourself, for others, or for the community.

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| 1. I follow the rules at school most of the time. | Y | N |
| 2. I laugh at others' mistakes. | Y | N |
| 3. I love to eat junk food. | Y | N |
| 4. I make friends with people who look different from me. | Y | N |
| 5. I exercise at least three times a week. | Y | N |
| 6. I want my parents to trust me. | Y | N |
| 7. I believe that the police are there to help me. | Y | N |
| 8. I think our country's flag is important. | Y | N |
| 9. I do what my teachers tell me to do. | Y | N |
| 10. I always let my parents know where I am going. | Y | N |
| 11. I take things that don't belong to me sometimes when I shop. | Y | N |
| 12. I think it is okay to leave my trash on the table at lunch. | Y | N |
| 13. I always spend time with kids who look and act like me. | Y | N |
| 14. I think drugs and alcohol are bad for me. | Y | N |
| 15. I can keep a secret. | Y | N |